

A Brief Explanation of Psychiatric Treatment and Confidentiality-12/14/2024

This is not a comprehensive list but it is provided to you “ in plain easy to read language”..

In general, what you tell a psychiatrist is confidential, however there are now many circumstances – beyond a psychiatrist’s control – in which your confidential information may be shared or may have to be shared. These are:

- 1- With whomever you request that it be shared with, after you make the request in writing, and sign a HIPPA compliant release form
- 2- With your insurance company and managed care company, if you choose to use them for reimbursement, and I, Dr. Paras, have to provide them any information
- 3- With any party/agency that has legal rights to it as per the HIPPA law of April 2003 (and any amendments to the law since that date).
- 4- With persons who you may harm, law enforcement officials or other persons related to the endangered person, if, in your doctors’ opinion, you are going to cause or are causing any physical harm to another person. (Tarasoff case).
- 5- With your emergency contacts, E.R’s, local police, EMT’s, and your listed health care providers, or others, as is necessary to provide you with protection, or psychiatric care, if in your doctor’s opinion you are in imminent danger of harming yourself or when and if it is needed for urgent medical care of any kind.
- 6- With C.P.S., or A.P.S. or with the police, schools, or agencies or others as is necessary to protect a minor, or an elder, or an impaired person, if, in your doctor’s opinion, you are endangering, or neglecting any person or persons that fit that description, now or in the near future.
- 7- With the courts or lawyers, or others, as defined by a court order or sub of your records, of if your doctor, is subpoenaed or so ordered by the courts to reveal your protected health information.
- 8- When disclosure is required by state or federal law, and the use or disclosure complies with and is limited to the relevant requirements of such law.
- 9- For public health activities, including reporting suspected child, elder, or dependent adult abuse, or preventing or reducing a serious threat to anyone’s health or safety.
- 10- For health oversight activities, including audits and investigations.
- 11-For judicial and administrative proceedings, including responding to a court or administrative order, although my preference is to obtain an Authorization from you before doing so.
- 12-For law enforcement purposes, including reporting crimes occurring on my premises.
- 13-To coroners or medical examiners, when such individuals are performing duties authorized by law.
- 14-When child abuse or neglect is suspected. When elder abuse and neglect is suspected.
- 15-For specialized government functions, including ensuring the proper execution of military missions; protecting the President of the United States; conducting intelligence or counter-intelligence operations; or helping to ensure the safety of those working within or housed in correctional institutions.
- 16-For workers’ compensation purposes. Although my preference is to obtain an authorization from you, I may provide your PHI in order to comply with workers’ compensation laws.